

Introductory Notes for ASMR PARTY

This document includes the following, in order: Title, Performer, Audio Description, Headphones, Character, Set, Props, Lighting, Performance Warnings, and Trigger Warnings.

ASMR PARTY

The term ASMR is an acronym. It is the letters A S M R. They stand for Autonomous Sensory Meridian Response. The word party is capitalised in the title.

Performer

This is a solo show performed by Amy Atkins.

“I’m Amy Atkins, a Pākehā woman, 5 foot 4, with brown eyes and short curly brown hair. I perform Letitia Lickkit, who is a real ASMR artist on YouTube.”

Audio Description

Audio Description is integrated into the show through meaningful narration. There is no separate live Audio Description or pre-show Audio Introduction.

Amy has been learning about Audio Description since 2018. She has worked with Judith Jones, a professional Audio Describer in New Zealand, to workshop integrating audio description into her live work.

It is possible Amy will miss commenting on something. But overall, since the experience of sound and voice is the focus of the show most of the performance will be accessible to a hearing person.

If you come along with a companion, you might like having some of the props and actor's physicality described to you, which would change your performance experience.

Headphones

Special headphones are provided to wear during the show. This is how you will listen to the entire show. You can choose the volume of the headphones. If you take the headphones off during the show you won't be able to hear the performance as it was intended. But

this is a great way to take a break from listening without leaving the space.

If you use a hearing assistive device, you can choose whether it's best to listen with your devices still in or taken out.

Character

Letitia Lickkit is the only character in the show. She's performed by Amy.

Letitia's look and outfit is very modern glamour. She radiates and glows. She's been described as a visual feast by reviewers and dubbed the Shiny Queen by her subscribers.

She wears bright yellow eye makeup and red lip stick, which give her an allure. Her gold sequin, halter neck top gapes at the chest but you never quite see her cleavage. Her tiny gold sequin mini shorts show off her gluteal fold. It's all very cheeky and glam.

Letitia moves with purpose and is poised while speaking. Letitia uses her voice in many ways

throughout the show. Almost all of the voices, mouth sounds, and sound effects are created live by Letitia. The ferocity with which Letitia eats has been called 'squirm inducing.'

There is one section in the show when the sound effects are prepared and played over the speakers. It's the 'Tea Party' ASMR section. Letitia will signal this by saying "Predictable ASMR" She goes through the motions of making tea with a golden tea set but all the sounds are played over the speakers.

Set

On stage is a golden grotto. It's radiant, lush, and royal. The set feels warm and cozy. The spacious room is filled with golden props, gold sequin material, and gold sequin pillows. It feels like a recording studio and a sleepover at the same time.

The stage comprises of the following set pieces from left to right.

1. A mic on a stand connected to a Loop pedal on the floor. At the base, a small stool draped in gold cloth and stacked with golden props.
2. A table off to the right side of the space with a myriad of golden props on it. In front of the table are a condenser mic and camera.
3. On the back wall, a video is being projected. For the duration of the performance a live feed from the camera on stage will be projected here, in portrait, in the style of a phone camera.

Props

Every performance uses a slightly different selection of golden props. Most of the objects are sourced from op-shops, Letitia is a magpie for gold things. Almost every object is some shade of gold. Some objects are made of gold sequins while others are made from plastic or golden metals.

Notable props include:

- Chrome Cocktail Shaker kit. This chrome metal set includes a cocktail shaker with a lid and a top which covers the spout on the lid. It also includes a stirring stick with a round base so it can stand upright on the table.
- Wide Toothed Wooden Comb. A small wide toothed wooden comb is used in the show to brush someone's hair during the Slumber Party scene.
- Gold Sequin Pillow. There's at least one gold sequin pillow in the show. The pillow has gold flip sequins on it. So Letitia can run her hand across the pillow and flip the sequins from their gold side to their black side. This makes a crackling sound.
- Pass the Parcel Package. Letitia has wrapped up a large golden package to play pass the parcel. There are four golden layers. Each layer is bulked out with a bit of newspaper to make it feel extra lush. Every layer has a little gift in it, which Letitia explains.

Lighting

The lighting design evokes warm sunshine and cozy duvet bedroom vibes.

There's a lot of yellow light used throughout the show. This yellow light symbolises warm sunshine and the Hollywood era in the 1960s. Everything feels nostalgic and cozy. The warm lighting hopes to make people feel calm, relaxed, and comfortable.

Fairy Lights – On stage, a single thread of white fairy lights outlines the actor's performance space. Fairy lights are often used by YouTubers in their studio backgrounds. Letitia's studio uses them, too, as a nod to YouTube.

Warnings

There is no Smoke, Haze, Strobe Lighting, or Chase Lighting in the show. However, there are loud unusual noises made by objects being tapped, crushed, and scratched near mics.

There's a balloon in the show. It is blown up but Letitia doesn't pop it. If it pops during the show, that is by accident and we apologise. There's a party popper in the show, too, it isn't popped when it is first introduced. But it is popped at the end of the show.

Trigger Warnings

Loud unusual noises.

These introductory notes were written by Amy Atkins.
Last edited 16 March 2025.

Discover more of Amy's work online at
amygracelaura.com